

Rugby High School Track & Field Results
SOUTHERN MCLEAN INVITATIONAL
Washburn, ND – Friday, April 22, 2016

100 Meter Dash

Kristina Brossart - 12.71 - 1st place - **SQ**
Brianna Leier - 14.37
Lillie Landers - 14.86

200 Meter Dash

Kristina Brossart - 28.01 - 3rd place
Lillie Landers - 33.35

400 Meter Dash

Anni Stier - 1:02.34 - 1st place
Lillie Landers - 1:17.21

800 Meter Run

Tristin Lunde - 2:34.11 - 2nd place
Karsyn Hager - 2:49.04
Emily Salwey - 2:53.65
Dessa Denich - 2:59.44

1600 Meter Run

Ellie Duchscherer - 6:07.24 - 3rd place
Dessa Denich - 6:55.81

3200 Meter Run

Ellie Duchscherer - 13:43.81 - 1st place

100 Meter Hurdles

Emily Salwey - 19.40

300 Meter Hurdles

Anni Stier - 48.69 - 2nd place
Tristin Lunde - 52.55 - 8th place
Emily Salwey - 57.25

Long Jump

Sara Stier - 15'11" - 2nd place
Lauren Kraft - 15'10" - 3rd place
Brianna Leier - 14'1"

Triple Jump

Sara Stier - 34'9" - 1st place - **SQ**
Lauren Kraft - 31'2½" - 3rd place

High Jump

Brianna Leier - No Height

Pole Vault

Karsyn Hager - 7'0" - 2nd place tie

Shot Put

Maddie Uhlenkamp - 32'11½" - 4th place
Whitney Gronvold - 29'6" - 8th place
Morgan Hjelden - 25'2½"

Discus

Maddie Uhlenkamp - 110'6" - 3rd place
Whitney Gronvold - 83'8"
Morgan Hjelden - 76'10"

Javelin

Maddie Uhlenkamp - 100'9" - 2nd place
Whitney Gronvold - 86'3"
Morgan Hjelden - 80'2"
Karsyn Hager - 70'4"

4 x 100 Meter Relay

Kristina Brossart(13.62), Anni Stier(12.99)
Lauren Kraft(13.53), Sara Stier(13.68)
53.82 - 3rd place

4 x 200 Meter Relay

Kristina Brossart(27.76), Anni Stier(27.35)
Lauren Kraft(29.90), Tristin Lunde(29.07)
1:54.08 - 2nd place

4 x 400 Meter Relay

Tristin Lunde(1:04.77), Karsyn Hager(1:13.77)
Brianna Leier(1:11.15), Emily Salwey(1:11.82)
4:41.51 - 5th place

4 x 800 Meter Relay

GIRLS TEAM SCORES

1. Carrington - 156
2. Rugby - 134
3. Garrison/Max - 56
4. Beulah - 55
5. Central McLean - 54
6. Southern McLean - 47
7. Medina/Pingree-Buchanan - 46
8. Kidder County/Napoleon - 39
9. Linton/Hazelton-Moffit-Braddock - 31½
10. Des Lacs-Burlington/Lewis & Clark - 28½
11. Velva/Drake-Anamoose/Sawyer - 21
12. Standing Rock - 14
13. New Salem-Almont - 13
14. Center-Stanton - 5
15. Richardton-Taylor - 4
16. Mott/Regent - 3